



2016-2017 Program Highlights

Emergency Winter Shelter

In the early 1990s, only 11% of homeless people were 50 or over, today, half are over age 50.

St. Mary's Center provides shelter to homeless seniors from December through April. Shelter guests attend daily wellness meetings and are encouraged to register with a social worker for ongoing support and stabilization.

- 92 seniors received temporary shelter
- St. Mary's Center provided 3,120 bed nights
- 25 shelter guests were permanently housed

Behavioral Healthcare

18.7% of older adults in California are unable to meet basic needs.

St. Mary's Center social workers and senior advocates provide intensive case management and therapy to homeless and formerly homeless seniors to help them achieve greater stability and prepare for housing.

- 519 seniors received case management services

Alcohol and Drugs

St. Mary's Center operates Recovery 55, a five-day-a-week outpatient program for addiction and mental health issues for homeless and formerly homeless seniors. Our Alcohol and Drug Prevention program helps housed seniors understand the hazards of mixing alcohol and medications particularly as we age.

- 85 seniors participated in Recovery 55 for a total of 2,419 hours
- 583 seniors increased their understanding of drug and alcohol interactions through the Alcohol and Drug Prevention program

Housing

Most St. Mary's Center seniors receive SSI, \$895 a month that needs to cover all costs - rent, food, transportation. The average rent in Oakland is now \$2,400 a month.

In the past three years, St. Mary's Center has added housing for 35 seniors, bringing our total to 41 units. We have also initiated a weekly housing clinic to help seniors apply for subsidized housing in the community.

- Seniors in the weekly housing clinic submitted 441 housing applications
 - 42 seniors secured permanent housing
- 8 seniors successfully transitioned from St. Mary's Center's shared housing sites to more independent housing

Resources for the Third Age

In California, the number of seniors in poverty has nearly doubled since 1999.

This program focuses on increasing well-being and community engagement among seniors so that they can stay in their own home longer. Services include food and cultural observances within the community center and classes like Tai-chi, and a Matter of Balance offered in 20 senior sites around Oakland.

- Provided 13,520 meals to very poor seniors including volunteer-led meals for the shelter and Sunday Dinners
 - Held 62 community and cultural events for seniors
- The Rep Payee program helps 100+ seniors budget their small income so that rent and utilities get paid
- Seniors for Hope and Justice advocated in 55 legislative visits and testified on quality of life issues that directly impact seniors and poor families.

Friendly Manor

This program focuses on a day center for homeless women and small housing units for older women.

- 30-50 homeless women receive care and community at Friendly Manor each day and have access to showers and laundry
- 24 units of SRO-style housing for women is available at Friendly Manor

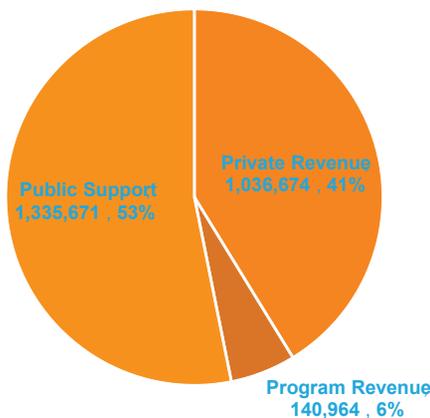
Preschool

More than 15% of California families live on less than \$24,000 a year for a family of 4.

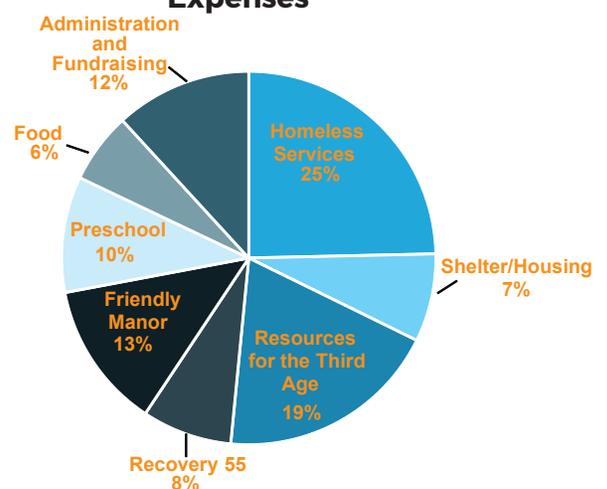
St. Mary's Center Preschool provides a play-based curriculum to 40+ neighborhood children ages 3-5. Parents learn how to best prepare their children for success in school through a lively parents program, and guidance in seeking additional services for their children needing help with language acquisition, trauma, and hyperactivity.

- We provide a summer school for preschoolers so that they are able to retain more of what they learn over the summer
- 4 parent education modules are offered during the year to help parents build skills

Support and Revenue



Expenses



★★★★
CHARITY NAVIGATOR
 Four Star Charity

St. Mary's Center has received 4 Stars, Charity Navigator's highest recognition. Charity Navigator is America's leading independent charity evaluator and assesses the financial health, accountability, and transparency of nonprofit organizations