# Shower and Laundry Services in Alameda County

**Brick & Mortar | Mobile | Showers | Laundry | By Arlene Hipp, Sheila Gay, Anne Bradley, Shirley Matthews, Marlene Hurd**  
**Produced by Lead Consultant, Casey Farmer and Organizer, Ruby Rodriguez**

<table>
<thead>
<tr>
<th>City</th>
<th>Number of unsheltered people in this City</th>
<th>Locations where shower and laundry services are available</th>
<th>Hours of operation</th>
<th>Restrictions? (ex: must be a client or no dogs allowed)</th>
<th>Other notes</th>
</tr>
</thead>
</table>
| 1. Alameda | 180                                      | **Showers**  
- Provides weekly shower services run by community volunteers offered onsite at Christ Episcopal Church (1700 Santa Clara Avenue) on Sundays from 2-4 p.m. Please make a reservation for your shower. For more information and to sign up, call: (510) 522-HOME, (510) 522-4663.  
**Laundry**  
- LAUNDRY Every Thursday @ Rainbow Laundromat, 1216 Lincoln Ave, 11 am – 1pm Bring one load of laundry & we provide the rest. One load per person only. Last load goes into the washer at 1 pm. | | Reservation needed to use shower. | Moderate accessibility to laundry and shower services, and city hotline call center to address needs for the unhoused. |
| 2. Albany  | Unknown                                  | **Showers**  
- Albany Pool 1311 Portland Ave, Albany. 510-559-6640 Fridays 1pm -2pm | | No restrictions. Donations provided. | Soap, towels, shampoo, underwear, and socks. |
| 3. Berkeley| 803                                      | **Showers** and Laundry  
- Service Provider: WeHope  
Tuesdays: Time: 9am-1:30pm  
Location: 8th St. & Harrison St.  
Thursdays: Time: 9am-1:30pm Location: 2nd St & Page St. (Near 1454 2nd St.)  
Fridays: Time: 9am-1:30pm, Location: Village of Love Drop-In Center 2425 Haste St.  
**Showers** | | Does not require registration  
Soap is available but towels are not |
<table>
<thead>
<tr>
<th>Location</th>
<th>Code</th>
<th>Facility Details</th>
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</thead>
<tbody>
<tr>
<td>West Campus Pool</td>
<td>2100 Browning St, Berkeley</td>
<td>(510) 981-5125 Sun-Sat 7:15-8:15 pm. (510) 1700 Hopkins St. M-F 6:30am; 12-3pm; 5:30-8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm Sun 9:30am-5:30pm</td>
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<tr>
<td>King Pool</td>
<td>1700 Hopkins St</td>
<td>M-F 6-8:30am; 12-3pm; 5:30-8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm</td>
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<tr>
<td>WeHope Showers</td>
<td>(check website for more locations)</td>
<td>M/W 10am-2:30pm 722 Grayson St Berkeley TH 11-3:30pm 722 Grayson St</td>
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<tr>
<td>Berkeley Community Resource Center (BCRC)</td>
<td>1931 Center St., Berkeley</td>
<td>510-705-1325, Sign up for shower/laundry service for NEXT day. Sign-ups are between 8:15-9am in the courtyard. 16 showers + 3 laundry services available (9-11am) 16 showers + 3 laundry services available (1-3pm)</td>
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<tr>
<td>Sacred Rest Daytime Drop-In Center</td>
<td>2427 Haste St, Berkeley</td>
<td>F 9:30-1:30 pm</td>
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<tr>
<td>Emeryville</td>
<td>91</td>
<td>None.</td>
</tr>
<tr>
<td>Fremont</td>
<td>866</td>
<td>Shower and Laundry</td>
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<tr>
<td>City of Fremont Clean Start</td>
<td>South Fremont, 47111 Mission Fall Court, Fremont, on a drop-in basis, between the hours of 8:30 a.m. and 2:30 p.m. Monday through Friday</td>
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<td>Irvington Presbyterian Church, Irvington Avenue, Fremont, CA</td>
<td>Monday, Wednesday &amp; Friday (7:30am-11am)</td>
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<td>Niles Discovery Church, 36600 Niles Blvd.</td>
<td>Monday &amp; Wednesday (1-4pm)</td>
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<td>Age Well Centers: Mon—Fri not Wed.: 1.00—2:30pm</td>
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<td>Lake Elizabeth: 40086 Paseo Padre Pkwy, 510.790.6600 (adults 55+)</td>
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Berkeley Showers will shut down for 30 minutes every session for a mandatory break period. The last shower is given 15 minutes before the posted session end time. The last load of laundry is put in the washing machine 1 hour before the posted session end time.
| 6. Hayward | 267 | **Showers**  
- First Presbyterian of Hayward  
27287 Patrick Ave Hayward, CA 94544  
Monday, Wednesday, and Friday / 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM  
Brick and Mortar bathrooms  
510-634-2229  
**Showers and Laundry**  
- Downtown Hayward Shower Ministry at NewLife Church | Tues. Sign Ups 3-5pm | Just showers/ Laundry gets sent to Castro Valley location  
Registration at the location required. |
| 7. Newark | 32 | **Showers and Laundry**  
- Showers and Laundry Newark Salvation Army, 36700 Newark Blvd, Newark: Tuesdays (9:00am-12:00pm)  
- Showers and Laundry Centerville Presbyterian Church, 4360 Central Ave, Tuesday & Thursday (3:30pm-6:30pm) |  |
| 8. Oakland | 3,337 | **Showers**  
- Roots Main Clinic 9925 International  
| W/TH 1-5 PM  
- 1449 Miller Ave. Miller/TP Comm. Cabin | M/T 9am-1pm  
- U.A. Mandela Comm. Cabins 34th at Beach St. | M/TH 7:30 AM-2:30 PM  
- 301 Peralta 3rd at Peralta | M/TH 4-8:30 PM & W/F 9AM -1:30PM  
- 27th St. at Northgate Comm. Cabins | T/TH 7:30 AM-2:30 PM  
- 35th St. at MLK | W 7:30am -2:30 pm  
- E 12th and 2nd Avenue | M/T 9am -1:30pm, F/Sat. 4pm-8:30pm | 19 locations for mobile showers; limited to once or twice a week. Some 4x week but varying times.  
Limited to once or twice a week spread out from 19 locations. |
• 711 71st Avenue RV Safe Parking | M/TH 9am-1:30pm
• Elmhurst Park/ 98th & B St. | M 4pm-8:30pm
• 589 Oak St. Comm. Cabins | T/F 9am-1:30pm
• 34th & Telegraph/ Elm | T 4pm-8:30pm
• 615 High Street Safe Parking RV | T 4pm-8:30pm & S 9am-1:30pm
• E 12th from 46th to 48th Ave. | T 4pm-8:30pm
• 7th and Kirkham | W 4pm-8:30pm
• Lake Merritt 10th/9 10th Street | TH 9am-1:30pm
• 84th Ave & International | F 9am-1:30pm
• 77th & Hawley St. | Sat. 9am-1:30pm
• 692 Baldwin St. | Sat. 9am-1:30pm
• Leet Dr. at Pendleton Way | Sun. 9am-1:30pm

Showers and Laundry
Service Provider: WeHope
• Mondays: Time: 9am-1:30pm Location: 711 71st St.
• Tuesdays: Time: 9am-1:30pm Location: 511 Oak St. (Oak St. Community Cabins) Time: 4pm-8:30pm Location: 650 High St. (East 8th & High St.)
• Wednesdays: Time: 4pm-8:30pm Location: Westside Missionary Baptist Church 732 Willow St. Location: 7th & Kirkham
• Thursdays: Time: 9am-1:30pm Location: 711 71st St. Fridays: Time: 4pm-8:30pm Location: 511 Oak St. (Oak St. Community Cabins)
• Saturdays: Time: 9am-1:30pm Location: 650 High St. (East 8th & High St.)

Lava Mae 2023 Mobile Schedule Pop-Up Care Village ~ Oakland City Hall
- Thu May 18th 11:00am - 2:00pm (PDT)

Showers
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<td>9. Piedmont</td>
<td>Unknown</td>
<td>None.</td>
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<td>10. San Leandro</td>
<td>Unknown</td>
<td>Showers 🌧️ and Laundry 🧼</td>
<td>Hard to say since the PIT data on homelessness is unknown and we are not sure if the mobile services are meeting the need. But transportation is needed.</td>
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<td>11. Union City</td>
<td>Unknown</td>
<td>Showers 🌧️ and Laundry 🧼</td>
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- Covenant House, 200 Harrison Street, Oakland, Just Showers, M-F, 9AM-5PM, (510) 379-1010
- CityTeam Oakland, 722 Washington St. Oakland, CA, Phone: (510) 452-3758
  Shower available on Thursdays from 4-7pm

  **Showers 🌧️ and Laundry 🧼**

- St. Vincent de Paul, Champion Men’s Center
  Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2. Showers and laundry. St Vincent de Paul, Women’s Center
  Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2pm. Showers, laundry and referrals. Resources for children including infant care.

- Interfaith Homelessness Network -April Showers
  Free showers, lunch, toiletries and laundry vouchers for men, women and children on the 1st and 3rd Sundays of each month, 11am-2pm. Boys and Girls Club 2200 San Leandro Blvd San Leandro, CA 94577

- Eden I & R/2-1 Dial 2-1-1 Dial 2-1-1 for comprehensive human services, homeless services and housing resources information, 24 hrs/day, Monday-Friday, multiple languages, TTY. www.edenir.org

- Clean Start Hygiene Unit, Our Lady of the Rosary Church, 703 C Street, Union City, CA / Showers Friday 4 PM – 7PM
| 12. Unincorporated | 418 | **Showers and Laundry**
| - Ashland | - Castro Valley | - Cherryland | - San Lorenzo | - Sunol |
| **Kennedy Community Center, 1333 Decoto Road, Union City/ Sunday 7 AM- 10 AM** |

**Showers and Laundry**
- First Presbyterian Church
  2490 Grove Way, Castro Valley
  510-634-4750 / Laundry: Monday, Wednesday, Friday 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM
  Brick and Mortar bathrooms, Chance of Showers Ministry 2nd & 4th Sundays 4-6pm

**Showers**
- 3 Crosses Church: 20600 John Dr., Castro Valley
  Showers F 9AM- Noon
- El Shaddai: 565 East Lewelling Boulevard, San Lorenzo, Showers, Wednesdays 9:30am-11:30am
  On 211 website, for all unincorporated cities refers to Hayward location.

| 13. Tri- Valley | 275 | **Showers and Laundry**
| **Asbury United Methodist Church 4743 East Avenue Livermore, CA 94550**
| Mon-Wed Noon- 4pm Last load of laundry is at 2:15pm Last Shower is 3:40pm
| **Laundry**
| - Laundry of Love 148 S L St. Livermore, CA 94550
  Contact: Reverend Ronald Culmer, (925) 462-4802
  3rd Wednesday of the Month, 2-4 PM

Offers a place to help the homeless or anyone in need of a shower on a weekly basis. It also provides a place to do a load of laundry three days a week for individuals in need. Fully accessible to individuals using mobility aids.

No. Only one location serves all unhoused residents, and we need transportation to get to Livermore Church Location.