






**\*USE PHONE #'s TO CONFIRM TODAY'S SCHEDULE AND MAKE SURE SERVICES ARE AVAILABLE TO YOU BEFORE TRAVELING\***

# Shower and Laundry Services in Alameda County

Brick & Mortar | Mobile | Showers 🚿 | Laundry 🧺 | By Arlene Hipp, Sheila Gay, Anne Bradley, Shirley Matthews, Marlene Hurd

Produced by Lead Consultant, Casey Farmer and Organizer, Ruby Rodriguez

| City        | Number of unsheltered people in this City | Locations where shower and laundry services are available<br><br>Hours of operation  | Restrictions? (ex: must be a client or no dogs allowed)                   | Other notes  |
|-------------|---|--|---|--|
| 1. Alameda  | 180                                       | <p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>Provides weekly shower services run by community volunteers offered onsite at Christ Episcopal Church (1700 Santa Clara Avenue) on Sundays from 2-4 p.m. Please make a reservation for your shower. For more information and to sign up, call: (510) 522-HOME, (510) 522-4663.</li> </ul> <p><b>Laundry</b> 🧺</p> <ul style="list-style-type: none"> <li>LAUNDRY Every Thursday @ Rainbow Laundromat, 1216 Lincoln Ave, 11 am – 1pm Bring one load of laundry &amp; we provide the rest. One load per person only. Last load goes into the washer at 1 pm.</li> </ul> | Reservation needed to use shower.   | Moderate accessibility to laundry and shower services, and city hotline call center to address needs for the unhoused. |
| 2. Albany   | Unknown                                   | <p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>Albany Pool 1311 Portland Ave, Albany. 510-559 6640 Fridays 1pm -2pm</li> </ul>   | No restrictions. Donations provided.                                      | Soap, towels, shampoo, underwear, and socks.   |
| 3. Berkeley | 803                                       | <p><b>Showers</b> 🚿 <b>and Laundry</b> 🧺</p> <ul style="list-style-type: none"> <li>Service Provider: WeHope</li> <li>Tuesdays: Time: 9am-1:30pm</li> <li>Location: 8th St. &amp; Harrison St.</li> <li>Thursdays: Time: 9am-1:30pm Location: 2nd St &amp; Page St. (Near 1454 2nd St.)</li> <li>Fridays: Time: 9am-1:30pm, Location: Village of Love Drop-In Center 2425 Haste St.</li> </ul>   | Does not require registration<br><br>Soap is available but towels are not |  |

|               |     |   |  |  |
|---------------|-----|---|--|--|
|               |     | <p><b>Showers</b> </p> <ul style="list-style-type: none"> <li>• West Campus Pool 2100 Browning St, Berkeley (510) 981-5125 Sun-Sat 7:15-8:15 pm. • King Pool 1700 Hopkins St. M-F 6-8:30am; 12-3pm; 5:30-8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm</li> <li>• WeHope Showers (check website for more locations) M/W 10am-2:30pm 722 Grayson St Berkeley TH 11-3:30pm 722 Grayson St</li> </ul> <p><b>Showers</b>  <b>and Laundry</b> </p> <ul style="list-style-type: none"> <li>• Berkeley Community Resource Center (BCRC) 1931 Center St., Berkeley. 510-705-1325, Sign up for shower/laundry service for NEXT day. Sign-ups are between 8:15-9am in the courtyard <ul style="list-style-type: none"> <li>- 16 showers + 3 laundry services available (9-11am)</li> <li>- 16 showers + 3 laundry services available (1-3pm)</li> </ul> </li> <li>• Sacred Rest Daytime Drop-In Center 2427 Haste St, Berkeley, F 9:30-1:30 pm</li> </ul> | Berkeley Showers will shut down for 30 minutes every session for a mandatory break period. The last shower is given 15 minutes before the posted session end time. The last load of laundry is put in the washing machine 1 hour before the posted session end time. |  |
| 4. Emeryville | 91  | None.   |  |  |
| 5. Fremont    | 866 | <p><b>Shower</b>  <b>and Laundry</b> </p> <ul style="list-style-type: none"> <li>• City of Fremont Clean Start South Fremont, 47111 Mission Fall Court, Fremont, on a drop-in basis, between the hours of 8:30 a.m. and 2:30 p.m. Monday through Friday</li> <li>• Irvington Presbyterian Church, Irvington Avenue, Fremont, CA – Monday, Wednesday &amp; Friday (7:30am-11am)</li> <li>• Niles Discovery Church, 36600 Niles Blvd. – Monday &amp; Wednesday (1-4pm)</li> <li>• Age Well Centers: Mon—Fri not Wed.: 1.00—2:30pm</li> <li>• Lake Elizabeth: 40086 Paseo Padre Pkwy, 510.790.6600 (adults 55+)</li> </ul>  | Showers are also available for those 55 or older at the Age Well Center, at Lake Elizabeth and South Fremont.  |  |

|            |       |  |  |  |
|------------|-------|--|--|--|
|            |       | <ul style="list-style-type: none"> <li>• South Fremont: 47111 Mission Falls Ct, 510.742.7540 (adults 55+)</li> <li>• Showers and Laundry Fremont Main Library 2400 Stevenson Blvd, Thursday (12-2pm)</li> </ul>  |  |  |
| 6. Hayward | 267   | <p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• First Presbyterian of Hayward<br/>27287 Patrick Ave Hayward, CA 94544<br/>Monday, Wednesday, and Friday / 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM<br/>Brick and Mortar bathrooms<br/>510-634-2229</li> </ul> <p><b>Showers</b> 🚿 <b>and Laundry</b> 🧺</p> <ul style="list-style-type: none"> <li>• Downtown Hayward Shower Ministry at NewLife Church   Tues. Sign Ups 3-5pm</li> </ul>  | <p>Just showers/ Laundry gets sent to Castro Valley location</p> <p>Registration at the location required.</p> |  |
| 7. Newark  | 32    | <p><b>Showers</b> 🚿 <b>and Laundry</b> 🧺</p> <ul style="list-style-type: none"> <li>• Showers and Laundry Newark Salvation Army, 36700 Newark Blvd, Newark: Tuesdays (9:00am-12:00pm)</li> <li>• Showers and Laundry Centerville Presbyterian Church, 4360 Central Ave, Tuesday &amp; Thursday (3:30pm-6:30pm)</li> </ul>  |  |  |
| 8. Oakland | 3,337 | <p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• Roots Main Clinic 9925 International   W/TH 1-5 PM</li> <li>• 1449 Miller Ave. Miller/TP Comm. Cabin   M/T 9am-1pm</li> <li>• U.A. Mandela Comm. Cabins 34th at Beach St.   M/TH 7:30 AM-2:30 PM</li> <li>• 301 Peralta 3rd at Peralta   M/TH 4-8:30 PM &amp; W/F 9AM -1:30PM</li> <li>• 27<sup>th</sup> St. at Northgate Comm. Cabins   T/TH 7:30 AM-2:30 PM</li> <li>• 35th St. at MLK   W 7:30am -2:30 pm</li> <li>• E 12th and 2nd Avenue   M/T 9am -1:30pm, F/Sat. 4pm-8:30pm</li> </ul> | <p>19 locations for mobile showers; limited to once or twice a week. Some 4x week but varying times.</p>       | <p>Limited to once or twice a week spread out from 19 locations.</p> |

- 711 71<sup>st</sup> Avenue RV Safe Parking | M/TH 9am-1:30pm
- Elmhurst Park/ 98<sup>th</sup> & B St. | M 4pm-8:30pm
- 589 Oak St. Comm. Cabins | T/F 9am-1:30pm
- 34<sup>th</sup> & Telegraph/ Elm | T 4pm-8:30pm
- 615 High Street Safe Parking RV | T 4pm-8:30pm & S 9am-1:30pm
- E 12<sup>th</sup> from 46<sup>th</sup> to 48<sup>th</sup> Ave. | T 4pm-8:30pm
- 7<sup>th</sup> and Kirkham | W 4pm-8:30pm
- Lake Merritt 10<sup>th</sup> /9 10<sup>th</sup> Street | TH 9am-1:30pm
- 84th Ave & International | F 9am-1:30pm
- 77th & Hawley St. | Sat. 9am-1:30pm
- 692 Baldwin St. | Sat. 9am-1:30pm
- Leet Dr. at Pendleton Way | Sun. 9am-1:30pm

**Showers  and Laundry **

Service Provider: WeHope

- Mondays: Time: 9am-1:30pm  
Location: 711 71st St.
- Tuesdays: Time: 9am-1:30pm  
Location: 511 Oak St. (Oak St. Community Cabins)  
Time: 4pm-8:30pm Location: 650 High St. (East 8th & High St.)
- Wednesdays: Time: 4pm-8:30pm Location: Westside Missionary Baptist Church 732 Willow St.  
Location: 7th & Kirkham
- Thursdays: Time: 9am-1:30pm  
Location: 711 71st St. Fridays:  
Time: 4pm-8:30pm  
Location: 511 Oak St. (Oak St. Community Cabins)
- Saturdays: Time: 9am-1:30pm Location: 650 High St. (East 8th & High St.)

**Showers **

- Covenant House, 200 Harrison Street, Oakland, Just Showers, M-F, 9AM-5PM, (510) 379-1010
- CityTeam Oakland, 722 Washington St. Oakland, CA, Phone: (510) 452-3758

|                 |         |   |                          |  |
|-----------------|---------|---|--------------------------|--|
|                 |         | <p>Shower available on Thursdays from 4-7pm</p> <p><b>Showers and Laundry</b></p> <ul style="list-style-type: none"> <li>• St. Vincent de Paul, Champion Men’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave &amp; West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2. Showers and laundry. St Vincent de Paul, Women’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave &amp; West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2pm. Showers, laundry and referrals. Resources for children including infant care.</li> <li>• HEPPACs Drop-in-Center is located at 5323 Foothill Blvd. Call to ask for Showers Availability, Laundry hours: Monday from 10AM to 12PM Tues. from 12PM to 2PM Wed and Thurs by appt. Friday from 10AM to 12PM. Schedule an appointment by calling Beth: 510 712-4583.</li> </ul> | Pop-Up Temporary Service |  |
| 9. Piedmont     | Unknown | None.   |                          |  |
| 10. San Leandro | Unknown | <p><b>Showers and Laundry</b></p> <ul style="list-style-type: none"> <li>• Interfaith Homelessness Network -April Showers Free showers, lunch, toiletries and laundry vouchers for men, women and children on the 1st and 3rd Sundays of each month, 11am-2pm. Boys and Girls Club 2200 San Leandro Blvd San Leandro, CA 94577</li> <li>• Eden I &amp; R/2-1-1 Dial 2-1-1 for comprehensive human services, homeless services and housing resources information, 24 hrs/day, Monday-Friday, multiple languages, TTY. www.edenir.org</li> </ul>  |                          | Hard to say since the PIT data on homelessness is unknown and we are not sure if the mobile services are meeting the need. But transportation is needed. |
| 11. Union City  | Unknown | <b>Showers and Laundry</b>  |                          |  |

|   |     |  |  |  |
|---|-----|--|--|--|
|   |     | <ul style="list-style-type: none"> <li>• Clean Start Hygiene Unit, Our Lady of the Rosary Church, 703 C Street, Union City, CA / Showers Friday 4 PM – 7PM</li> </ul> <p><b>Showers</b> and <b>Laundry</b></p> <ul style="list-style-type: none"> <li>• Kennedy Community Center, 1333 Decoto Road, Union City/ Sunday 7 AM- 10 AM</li> </ul>  |  |  |
| <p>12. Unincorporated</p> <ul style="list-style-type: none"> <li>-Ashland</li> <li>-Castro Valley</li> <li>-Cherryland</li> <li>-San Lorenzo</li> <li>-Sunol</li> </ul> | 418 | <p><b>Showers</b> and <b>Laundry</b></p> <ul style="list-style-type: none"> <li>• First Presbyterian Church<br/>2490 Grove Way, Castro Valley<br/>510-634-4750 / Laundry: Monday, Wednesday, Friday 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM<br/>Brick and Mortar bathrooms, Chance of Showers Ministry 2<sup>nd</sup> &amp; 4<sup>th</sup> Sundays 4-6pm</li> </ul> <p><b>Showers</b></p> <ul style="list-style-type: none"> <li>• 3 Crosses Church: 20600 John Dr., Castro Valley<br/>Showers F 9AM-Noon</li> <li>• El Shaddal: 565 East Lewelling Boulevard, San Lorenzo, Showers, Wednesdays 9:30am-11:30am<br/>On 211 website, for all unincorporated cities refers to Hayward location.</li> </ul> |  |  |
| 13. Tri- Valley   | 275 | <p><b>Showers</b> and <b>Laundry</b></p> <ul style="list-style-type: none"> <li>• Asbury United Methodist Church 4743 East Avenue Livermore, CA 94550<br/>Mon-Wed Noon- 4pm Last load of laundry is at 2:15pm Last Shower is 3:40pm</li> </ul> <p><b>Laundry</b></p> <ul style="list-style-type: none"> <li>• Laundry of Love 148 S L St. Livermore, CA 94550<br/>Contact: Reverend Ronald Culmer, (925) 462-4802<br/>3rd Wednesday of the Month, 2-4 PM</li> </ul>  | Offers a place to help the homeless or anyone in need of a shower on a weekly basis. It also provides a place to do a load of laundry three days a week for individuals in need. Fully accessible to individuals using mobility aids | No. Only one location serves all unhoused residents, and we need transportation to get to Livermore Church Location. |