**Shower and Laundry Services in Alameda County**

Brick & Mortar | Mobile | Showers 🛋️ | Laundry 🧼 | By Arlene Hipp, Sheila Gay, Anne Bradley, Shirley Matthews, Marlene Hurd

Produced by Lead Consultant, Casey Farmer and Organizer, Ruby Rodriguez

<table>
<thead>
<tr>
<th>City</th>
<th>Number of unsheltered people in this City</th>
<th>Locations where shower and laundry services are available</th>
<th>Hours of operation</th>
<th>Restrictions? (ex: must be a client or no dogs allowed)</th>
<th>Other notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Alameda</td>
<td>180</td>
<td>Showers 🛋️&lt;br&gt;• Provides weekly shower services run by community volunteers offered onsite at Christ Episcopal Church (1700 Santa Clara Avenue) on Sundays from 2-4 p.m. Please make a reservation for your shower. For more information and to sign up, call: (510) 522-HOME, (510) 522-4663.&lt;br&gt;&lt;br&gt;Laundry 🧼&lt;br&gt;• LAUNDRY Every Thursday @ Rainbow Laundromat, 1216 Lincoln Ave, 11 am – 1 pm Bring one load of laundry &amp; we provide the rest. One load per person only. Last load goes into the washer at 1 pm.</td>
<td>Reservation needed to use shower.</td>
<td>Moderate accessibility to laundry and shower services, and city hotline call center to address needs for the unhoused.</td>
<td></td>
</tr>
<tr>
<td>2. Albany</td>
<td>Unknown</td>
<td>Showers 🛋️&lt;br&gt;• Albany Pool 1311 Portland Ave, Albany. 510-559 6640 Fridays 1pm -2pm</td>
<td>No restrictions. Donations provided.</td>
<td>Soap, towels, shampoo, underwear, and socks.</td>
<td></td>
</tr>
<tr>
<td>3. Berkeley</td>
<td>803</td>
<td>Showers 🛋️ and Laundry 🧼&lt;br&gt;• Service Provider: WeHope Tuesdays: Time: 9am-1:30pm Location: 8th St. &amp; Harrison St.</td>
<td>Does not require registration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td>Code</td>
<td>Showers and Laundry</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------</td>
<td>------</td>
<td>---------------------</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Berkeley</td>
<td>722</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kings</td>
<td>1700</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Haste</td>
<td>2425</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>West Campus Pool</td>
<td>2100 Browning St, Berkeley (510) 981-5125 Sun-Sat 7:15-8:15 pm</td>
<td>• West Campus Pool 2100 Browning St, Berkeley (510) 981-5125 Sun-Sat 7:15-8:15 pm. • King Pool 1700 Hopkins St. M-F 6-8:30am; 12-3pm; 5:30-8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm • WeHope Showers (check website for more locations) M/W 10am-2:30pm 722 Grayson St Berkeley TH 11-3:30pm 722 Grayson St Berkeley Showers will shut down for 30 minutes every session for a mandatory break period. The last shower is given 15 minutes before the posted session end time. The last load of laundry is put in the washing machine 1 hour before the posted session end time.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Showers and Laundry</td>
<td>250</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Berkeley Community Resource Center (BCRC)</td>
<td>1931 Center St., Berkeley. 510-705-1325, Sign up for shower/laundry service for NEXT day. Sign-ups are between 8:15-9am in the courtyard</td>
<td>• Berkeley Community Resource Center (BCRC) 1931 Center St., Berkeley. 510-705-1325, Sign up for shower/laundry service for NEXT day. Sign-ups are between 8:15-9am in the courtyard - 16 showers + 3 laundry services available (9-11am) - 16 showers + 3 laundry services available (1-3pm) • Sacred Rest Daytime Drop-In Center 2427 Haste St, Berkeley, F 9:30-1:30 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emeryville</td>
<td>91</td>
<td>None.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Fremont | 866  | Shower and Laundry
City of Fremont Clean Start
South Fremont, 47111 Mission Fall Court, Fremont, on a drop-in basis, between the hours of 8:30 a.m. and 2:30 p.m. Monday through Friday Showers are also available for those 55 or older at the Age Well Center, at Lake Elizabeth and South Fremont. |

Last revised: R.R 7-27-23
<table>
<thead>
<tr>
<th>Location</th>
<th>Shower Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Irvington Presbyterian Church, Irvington Avenue, Fremont, CA</td>
<td>Monday, Wednesday &amp; Friday (7:30am-11am)</td>
</tr>
<tr>
<td>Niles Discovery Church, 36600 Niles Blvd.</td>
<td>Monday &amp; Wednesday (1-4pm)</td>
</tr>
<tr>
<td>Age Well Centers:</td>
<td>Mon—Fri not Wed.: 1.00—2:30pm</td>
</tr>
<tr>
<td>Lake Elizabeth: 40086 Paseo Padre Pkwy, 510.790.6600 (adults 55+)</td>
<td></td>
</tr>
<tr>
<td>South Fremont: 47111 Mission Falls Ct, 510.742.7540 (adults 55+)</td>
<td></td>
</tr>
<tr>
<td>Showers and Laundry Fremont Main Library 2400 Stevenson Blvd, Thursday (12-2pm)</td>
<td></td>
</tr>
</tbody>
</table>
| Hayward       | **Showers** ⨁  
First Presbyterian of Hayward 27287 Patrick Ave Hayward, CA 94544  
Monday, Wednesday, and Friday / 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM  
Brick and Mortar bathrooms 510-634-2229  
**Showers and Laundry** 🛁  
Downtown Hayward Shower Ministry at NewLife Church | Tues. Sign Ups 3-5pm  |
| Newark        | **Showers** ⨁ and **Laundry** 🛁  
Showers and Laundry Newark Salvation Army, 36700 Newark Blvd, Newark: Tuesdays (9:00am-12:00pm)  
Showers and Laundry Centerville Presbyterian Church, 4360 Central Ave, Tuesday & Thursday (3:30pm-6:30pm) | Just showers/ Laundry gets sent to Castro Valley location  |

Registration at the location required.
<table>
<thead>
<tr>
<th>Location</th>
<th>Number</th>
<th><strong>Showers</strong></th>
<th>Details</th>
</tr>
</thead>
</table>
| Oakland        | 3,337  | • Roots Main Clinic 9925 International  
|                |        | • 1449 Miller Ave. Miller/TP Comm. Cabin | M/T 9am-1pm  
|                |        | • U.A. Mandela Comm. Cabins 34th at Beach St. | M/TH 7:30 AM-2:30 PM  
|                |        | • 301 Peralta 3rd at Peralta | M/TH 4-8:30 PM & W/F 9AM -1:30PM  
|                |        | • 27th St. at Northgate Comm. Cabins | T/TH 7:30 AM-2:30 PM  
|                |        | • 35th St. at MLK | W 7:30am -2:30 pm  
|                |        | • E 12th and 2nd Avenue | M/T 9am -1:30pm, F/Sat. 4pm-8:30pm  
|                |        | • 711 71st Avenue RV Safe Parking | M/TH 9am-1:30pm  
|                |        | • Elmhurst Park/ 98th & B St. | M 4pm-8:30pm  
|                |        | • 589 Oak St. Comm. Cabins | T/F 9am-1:30pm  
|                |        | • 34th & Telegraph/ Elm | T 4pm-8:30pm  
|                |        | • 615 High Street Safe Parking RV | T 4pm-8:30pm & S 9am-1:30pm  
|                |        | • E 12th from 46th to 48th Ave. | T 4pm-8:30pm  
|                |        | • 7th and Kirkham | W 4pm-8:30pm  
|                |        | • Lake Merritt 10th/9 10th Street | TH 9am-1:30pm  
|                |        | • 84th Ave & International | F 9am-1:30pm  
|                |        | • 77th & Hawley St. | Sat. 9am-1:30pm  
|                |        | • 692 Baldwin St. | Sat. 9am-1:30pm  
|                |        | • Leet Dr. at Pendleton Way | Sun. 9am-1:30pm  

**Showers and Laundry**

Service Provider: WeHope

Mondays: Time: 9am-1:30pm  
Location: 711 71st St.

Limited to once or twice a week spread out from 19 locations.
• Tuesdays: Time: 9am-1:30pm Location: 511 Oak St. (Oak St. Community Cabins) Time: 4pm-8:30pm Location: 650 High St. (East 8th & High St.)
• Wednesdays: Time: 4pm-8:30pm Location: Westside Missionary Baptist Church 732 Willow St. Location: 7th & Kirkham
• Thursdays: Time: 9am-1:30pm Location: 711 71st St. Fridays: Time: 4pm-8:30pm Location: 511 Oak St. (Oak St. Community Cabins)
• Saturdays: Time: 9am-1:30pm Location: 650 High St. (East 8th & High St.)

Showers
• Covenant House, 200 Harrison Street, Oakland, Just Showers, M-F, 9AM-5PM, (510) 379-1010
• CityTeam Oakland, 722 Washington St. Oakland, CA, Phone: (510) 452-3758
Shower available on Thursdays from 4-7pm

Showers and Laundry
• St. Vincent de Paul, Champion Men’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2. Showers and laundry. St Vincent de Paul, Women’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2pm. Showers, laundry and referrals. Resources for children including infant care.
<table>
<thead>
<tr>
<th>9. Piedmont</th>
<th>Unknown</th>
<th>None.</th>
</tr>
</thead>
</table>
| 10. San Leandro | Unknown | **Showers 🌧️ and Laundry 🛏️**  
- Interfaith Homelessness Network - April Showers  
  Free showers, lunch, toiletries and laundry vouchers for men, women and children on the 1st and 3rd Sundays of each month, 11am-2pm. Boys and Girls Club 2200 San Leandro Blvd San Leandro, CA 94577  
- Eden I & R/2-1-1 Dial 2-1-1 for comprehensive human services, homeless services and housing resources information, 24 hrs/day, Monday-Friday, multiple languages, TTY. www.edenir.org |
| 11. Union City | Unknown | **Showers 🌧️ and Laundry 🛏️**  
- Clean Start Hygiene Unit, Our Lady of the Rosary Church, 703 C Street, Union City, CA / Showers Friday 4 PM – 7PM  
**Showers 🌧️ and Laundry 🛏️**  
- Kennedy Community Center, 1333 Decoto Road, Union City/ Sunday 7 AM- 10 AM |
| 12. Unincorporated - Ashland - Castro Valley - Cherryland - San Lorenzo | 418 | **Showers 🌧️ and Laundry 🛏️**  
- First Presbyterian Church 2490 Grove Way, Castro Valley |
| -Sunol | 510-634-4750 / Laundry: Monday, Wednesday, Friday 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM Brick and Mortar bathrooms, Chance of Showers Ministry 2nd & 4th Sundays 4-6pm  
**Showers** 🍀  
• 3 Crosses Church: 20600 John Dr., Castro Valley Showers F 9AM-Noon  
• El Shaddal: 565 East Lewelling Boulevard, San Lorenzo, Showers, Wednesdays 9:30am-11:30am  
On 211 website, for all unincorporated cities refers to Hayward location. |
| --- | --- | --- |
| 13. Tri- Valley | 275 | **Showers 🍀 and Laundry 🧼**  
• Asbury United Methodist Church 4743 East Avenue Livermore, CA 94550  
Mon-Wed Noon- 4pm Last load of laundry is at 2:15pm Last Shower is 3:40pm  
**Laundry 🧼**  
• Laundry of Love 148 S L St. Livermore, CA 94550  
Contact: Reverend Ronald Culmer, (925) 462-4802  
3rd Wednesday of the Month, 2-4 PM  
Offers a place to help the homeless or anyone in need of a shower on a weekly basis. It also provides a place to do a load of laundry three days a week for individuals in need. Fully accessible to individuals using mobility aids  
No. Only one location serves all unhoused residents, and we need transportation to get to Livermore Church Location. |