

USE PHONE #'s TO CONFIRM TODAY'S SCHEDULE AND MAKE SURE SERVICES ARE AVAILABLE TO YOU BEFORE TRAVELING

Shower and Laundry Services in Alameda County




Brick & Mortar | Mobile | Showers 🚿 | Laundry 🧺 | By Arlene Hipp, Sheila Gay, Anne Bradley, Shirley Matthews, Marlene Hurd


Produced by Lead Consultant, Casey Farmer and Organizer, Ruby Rodriguez

City	Number of unsheltered people in this City	Locations where shower and laundry services are available Hours of operation	Restrictions? (ex: must be a client or no dogs allowed)	Other notes
1. Alameda	180	<p>Showers 🚿</p> <ul style="list-style-type: none"> Provides weekly shower services run by community volunteers offered onsite at Christ Episcopal Church (1700 Santa Clara Avenue) on Sundays from 2-4 p.m. Please make a reservation for your shower. For more information and to sign up, call: (510) 522-HOME, (510) 522-4663. <p>Laundry 🧺</p> <ul style="list-style-type: none"> LAUNDRY Every Thursday @ Rainbow Laundromat, 1216 Lincoln Ave, 11 am – 1pm Bring one load of laundry & we provide the rest. One load per person only. Last load goes into the washer at 1 pm. 	Reservation needed to use shower.	Moderate accessibility to laundry and shower services, and city hotline call center to address needs for the unhoused.
2. Albany	Unknown	<p>Showers 🚿</p> <ul style="list-style-type: none"> Albany Pool 1311 Portland Ave, Albany. 510-559 6640 Fridays 1pm -2pm 	No restrictions. Donations provided.	Soap, towels, shampoo, underwear, and socks.
3. Berkeley	803	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> Service Provider: WeHope Tuesdays: Time: 9am-1:30pm Location: 8th St. & Harrison St. 	Does not require registration	

		<p>Thursdays: Time: 9am-1:30pm Location: 2nd St & Page St. (Near 1454 2nd St.) Fridays: Time: 9am-1:30pm, Location: Village of Love Drop-In Center 2425 Haste St.</p> <p>Showers 🚿</p> <ul style="list-style-type: none"> • West Campus Pool 2100 Browning St, Berkeley (510) 981-5125 Sun-Sat 7:15-8:15 pm. • King Pool 1700 Hopkins St. M-F 6-8:30am; 12-3pm; 5:30-8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm • WeHope Showers (check website for more locations) M/W 10am-2:30pm 722 Grayson St Berkeley TH 11-3:30pm 722 Grayson St <p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Berkeley Community Resource Center (BCRC) 1931 Center St., Berkeley. 510-705-1325, Sign up for shower/laundry service for NEXT day. Sign-ups are between 8:15-9am in the courtyard <ul style="list-style-type: none"> - 16 showers + 3 laundry services available (9-11am) - 16 showers + 3 laundry services available (1-3pm) • Sacred Rest Daytime Drop-In Center 2427 Haste St, Berkeley, F 9:30-1:30 pm 	<p>Soap is available but towels are not</p> <p>Berkeley Showers will shut down for 30 minutes every session for a mandatory break period. The last shower is given 15 minutes before the posted session end time. The last load of laundry is put in the washing machine 1 hour before the posted session end time.</p>	
4. Emeryville	91	None.		
5. Fremont	866	<p>Shower 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • City of Fremont Clean Start South Fremont, 47111 Mission Fall Court, Fremont, on a drop-in basis, between the hours of 8:30 a.m. and 2:30 p.m. Monday through Friday 	<p>Showers are also available for those 55 or older at the Age Well Center, at Lake Elizabeth and South Fremont.</p>	

		<ul style="list-style-type: none"> • Irvington Presbyterian Church, Irvington Avenue, Fremont, CA – Monday, Wednesday & Friday (7:30am-11am) • Niles Discovery Church, 36600 Niles Blvd. – Monday & Wednesday (1-4pm) • Age Well Centers: Mon—Fri not Wed.: 1.00—2:30pm • Lake Elizabeth: 40086 Paseo Padre Pkwy, 510.790.6600 (adults 55+) • South Fremont: 47111 Mission Falls Ct, 510.742.7540 (adults 55+) • Showers and Laundry Fremont Main Library 2400 Stevenson Blvd, Thursday (12-2pm) 		
6. Hayward	267	<p>Showers 🚿</p> <ul style="list-style-type: none"> • First Presbyterian of Hayward 27287 Patrick Ave Hayward, CA 94544 Monday, Wednesday, and Friday / 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM Brick and Mortar bathrooms 510-634-2229 <p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Downtown Hayward Shower Ministry at NewLife Church Tues. Sign Ups 3-5pm 	<p>Just showers/ Laundry gets sent to Castro Valley location</p> <p>Registration at the location required.</p>	
7. Newark	32	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Showers and Laundry Newark Salvation Army, 36700 Newark Blvd, Newark: Tuesdays (9:00am-12:00pm) • Showers and Laundry Centerville Presbyterian Church, 4360 Central Ave, Tuesday & Thursday (3:30pm-6:30pm) 		

<p>8. Oakland</p>	<p>3,337</p>	<p>Showers </p> <ul style="list-style-type: none"> • Roots Main Clinic 9925 International W/TH 1-5 PM • 1449 Miller Ave. Miller/TP Comm. Cabin M/T 9am-1pm • U.A. Mandela Comm. Cabins 34th at Beach St. M/TH 7:30 AM-2:30 PM • 301 Peralta 3rd at Peralta M/TH 4-8:30 PM & W/F 9AM -1:30PM • 27th St. at Northgate Comm. Cabins T/TH 7:30 AM-2:30 PM • 35th St. at MLK W 7:30am -2:30 pm • E 12th and 2nd Avenue M/T 9am -1:30pm, F/Sat. 4pm-8:30pm • 711 71st Avenue RV Safe Parking M/TH 9am-1:30pm • Elmhurst Park/ 98th & B St. M 4pm-8:30pm • 589 Oak St. Comm. Cabins T/F 9am-1:30pm • 34th & Telegraph/ Elm T 4pm-8:30pm • 615 High Street Safe Parking RV T 4pm-8:30pm & S 9am-1:30pm • E 12th from 46th to 48th Ave. T 4pm-8:30pm • 7th and Kirkham W 4pm-8:30pm • Lake Merritt 10th /9 10th Street TH 9am-1:30pm • 84th Ave & International F 9am-1:30pm • 77th & Hawley St. Sat. 9am-1:30pm • 692 Baldwin St. Sat. 9am-1:30pm • Leet Dr. at Pendleton Way Sun. 9am-1:30pm <p>Showers  and Laundry </p> <p>Service Provider: WeHope</p> <ul style="list-style-type: none"> • Mondays: Time: 9am-1:30pm <p>Location: 711 71st St.</p>	<p>19 locations for mobile showers; limited to once or twice a week. Some 4x week but varying times.</p>	<p>Limited to once or twice a week spread out from 19 locations.</p>
-------------------	--------------	--	--	--

	<ul style="list-style-type: none"> • Tuesdays: Time: 9am-1:30pm Location: 511 Oak St. (Oak St. Community Cabins) Time: 4pm-8:30pm Location: 650 High St. (East 8th & High St.) • Wednesdays: Time: 4pm-8:30pm Location: Westside Missionary Baptist Church 732 Willow St. Location: 7th & Kirkham • Thursdays: Time: 9am-1:30pm Location: 711 71st St. Fridays: Time: 4pm-8:30pm Location: 511 Oak St. (Oak St. Community Cabins) • Saturdays: Time: 9am-1:30pm Location: 650 High St. (East 8th & High St.) <p>Showers </p> <ul style="list-style-type: none"> • Covenant House, 200 Harrison Street, Oakland, Just Showers, M-F, 9AM-5PM, (510) 379-1010 • CityTeam Oakland, 722 Washington St. Oakland, CA, Phone: (510) 452-3758 <p>Shower available on Thursdays from 4-7pm</p> <p>Showers  and Laundry </p> <ul style="list-style-type: none"> • St. Vincent de Paul, Champion Men’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2. Showers and laundry. St Vincent de Paul, Women’s Center Register at the Community Center Help Desk located at 2272 San Pablo Ave & West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2pm. Showers, laundry and referrals. Resources for children including infant care. 	<p>Pop-Up Temporary Service</p>	
--	---	---------------------------------	--

		<ul style="list-style-type: none"> • HEPPAC's Casa Segura Drop-in-Center is located at 5323 Foothill Blvd. Call to ask for Showers Availability, Laundry hours: Monday from 10AM to 12PM Tues. from 12PM to 2PM Wed and Thurs by appt. Friday from 10AM to 12PM. Schedule an appointment by calling Beth: 510 712-4583. 		
9. Piedmont	Unknown	None.		
10. San Leandro	Unknown	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Interfaith Homelessness Network -April Showers Free showers, lunch, toiletries and laundry vouchers for men, women and children on the 1st and 3rd Sundays of each month, 11am-2pm. Boys and Girls Club 2200 San Leandro Blvd San Leandro, CA 94577 • Eden I & R/2-1-1 Dial 2-1-1 for comprehensive human services, homeless services and housing resources information, 24 hrs/day, Monday-Friday, multiple languages, TTY. www.edenir.org 		Hard to say since the PIT data on homelessness is unknown and we are not sure if the mobile services are meeting the need. But transportation is needed.
11. Union City	Unknown	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Clean Start Hygiene Unit, Our Lady of the Rosary Church, 703 C Street, Union City, CA / Showers Friday 4 PM – 7PM <p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Kennedy Community Center, 1333 Decoto Road, Union City/ Sunday 7 AM- 10 AM 		
12. Unincorporated -Ashland -Castro Valley -Cherryland -San Lorenzo	418	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • First Presbyterian Church 2490 Grove Way, Castro Valley 		

-Sunol		<p>510-634-4750 / Laundry: Monday, Wednesday, Friday 10 AM-11AM, 2 PM-3PM, 6:30 PM – 8 PM Brick and Mortar bathrooms, Chance of Showers Ministry 2nd & 4th Sundays 4-6pm</p> <p>Showers 🚿</p> <ul style="list-style-type: none"> • 3 Crosses Church: 20600 John Dr., Castro Valley Showers F 9AM-Noon • El Shaddal: 565 East Lewelling Boulevard, San Lorenzo, Showers, Wednesdays 9:30am-11:30am <p>On 211 website, for all unincorporated cities refers to Hayward location.</p>		
13. Tri- Valley	275	<p>Showers 🚿 and Laundry 🧺</p> <ul style="list-style-type: none"> • Asbury United Methodist Church 4743 East Avenue Livermore, CA 94550 Mon-Wed Noon- 4pm Last load of laundry is at 2:15pm Last Shower is 3:40pm <p>Laundry 🧺</p> <ul style="list-style-type: none"> • Laundry of Love 148 S L St. Livermore, CA 94550 Contact: Reverend Ronald Culmer, (925) 462-4802 3rd Wednesday of the Month, 2-4 PM 	Offers a place to help the homeless or anyone in need of a shower on a weekly basis. It also provides a place to do a load of laundry three days a week for individuals in need. Fully accessible to individuals using mobility aids	No. Only one location serves all unhoused residents, and we need transportation to get to Livermore Church Location.