

**\*USE PHONE #'s TO CONFIRM TODAY'S SCHEDULE AND MAKE SURE SERVICES ARE AVAILABLE TO YOU BEFORE TRAVELING\***

## Shower and Laundry Services in Alameda County

Brick & Mortar | Mobile | Showers 🚿 | Laundry 🧺 | By Arlene Hipp, Sheila Gay, Anne Bradley, Shirley Matthews, Marlene Hurd  
 Produced by Lead Consultant, Casey Farmer and Organizer, Ruby Rodriguez, Updated by Alexis Arguello

\*Updated 6/27/2024

City	Number of unsheltered people in this City	Locations where shower and laundry services are available  Hours of operation	Restrictions? (ex: must be aclient or no dogs allowed)	Other notes
1. Alameda	455	<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>Provides weekly shower services run by community volunteers offered onsite at Christ Episcopal Church (1700 Santa Clara Avenue) on Sundays from 2-4 p.m. Please make a reservation for your shower. For more information and to sign up, call: (510) 523-7200</li> </ul> <p><b>Showers and Laundry</b> 🧺 🚿</p> <ul style="list-style-type: none"> <li>Village of Love Alameda Day Center 431 Stardust Place Fridays 9:30am-12:30pm 510-995-8936</li> </ul> <p><b>Laundry</b> 🧺</p> <ul style="list-style-type: none"> <li>*Not currently offering free service* LAUNDRY Every Thursday @ Rainbow Laundromat, 1216 Lincoln Ave, 11 am – 1pm Bringone load of laundry &amp; we provide the rest. One load per person only. Last load goes into the washer at 1 pm.</li> </ul>	Reservation needed to use shower.	<p>Limited on-site storage of belongings while showering</p> <p>Moderate accessibility to laundry and shower services, and city hotline call center to address needs for the unhoused.</p>

Last revised: R.R 7-27-23

2. Albany	89	<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>Albany Pool 1311 Portland Ave, Albany. 510-559 6640 Fridays 1-2:30pm</li> </ul>	Sign in by 2pm Proof of vaccination	Soap, towels, shampoo, underwear, and socks.
3. Berkeley	844	<p><b>Showers and Laundry</b> 🚿🧺</p> <p>Service Provider: WeHope</p> <ul style="list-style-type: none"> <li>Tuesdays: Time: 9am-1:30pm Location: 8th St. &amp; Harrison St.</li> <li>M/W 10am-2:30pm 722 Grayson St Berkeley TH 11-3:30pm 722 Grayson St</li> <li>Thursdays: Time: 9am-1:30pm Location: 2nd St &amp; Page St. (Near 1454 2nd St.)</li> <li>Fridays: Time: 9am-12:30pm, Location: Village of Love Sacred Rest Drop-In Center 2425 Haste St. 510-757-2595</li> </ul>	<p>Does not require registration</p> <p>The last shower is given 30 minutes before the posted session end time. Last load of laundry is put in the washing machine 1 hour before last posted session end time</p>	<p>*WeHope schedule changes on a weekly basis; different locations utilized; check schedule beforehand*</p> <p><a href="#">DOW SCHEDULE — WeHOPE</a></p>

		<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• West Campus Pool 2100 Browning St, Berkeley (510) 981-5125 Every day: 7:15-8:15 pm.</li> <li>• *Call to confirm available times* King Pool 1700 Hopkins St. M-F 6-8:30am; 12-3pm; 5:30- 8:30pm Sat 7am-5:30pm Sun 9:30am-5:30pm (510) 981-5105</li> </ul> <p><b>Shower and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• Dorothy Day Berkeley Community Resource Center (BCRC) 1931 Center St., Berkeley. 510-705-1325, Sign up for shower/laundry service for NEXT day. Daytime #: 510-705-1325; After hours #: 510-705-1516 Sign-ups are between 8:15-9am in the courtyard. 8:15am-11:30am, 1pm-4pm <ul style="list-style-type: none"> <li>- 16 showers + 3 laundry services available (9-11am)</li> <li>- 16 showers + 3 laundry services available (1-3pm)</li> </ul> </li> </ul>	<p>Soap is available but towels are not</p> <p>Berkeley Showers will shut down for 30 minutes every session for a mandatory break period. The last shower is given 15 minutes before the posted session end time. The last load of laundry is put in the washing machine 1 hour before the posted session end time.</p>	
4. Emeryville	37	None.		
5. Fremont	809	<p><b>Shower and Laundry</b> 🚿🧺</p> <p>Service Provider: Clean Start (*Following 3 are temporarily out of service*)</p>	<p>Showers are also available for those 55 or older at the Age Well Center, at Lake Elizabeth and South Fremont.</p>	<p>*Call 510-574-2222 to learn when Clean Start services will become available again</p>

		<ul style="list-style-type: none"> <li>• Irvington Presbyterian Church, 4181 Irvington Avenue, Fremont, CA – Monday, Wednesday &amp; Friday (7:30am-11am)</li> <li>• Niles Discovery Church, 36600 Niles Blvd. – Wednesdays and Fridays (1-4pm); call 510-574-2222</li> <li>• Showers and Laundry Fremont Main Library 2400 Stevenson Blvd, Thursday (12-2pm) (510) 745-1400</li> <li>• Age Well Center at Lake Elizabeth: 40086 Paseo Padre Pkwy, 510.790.6600 (adults 55+) - 8am-4:30pm</li> <li>• Age Well Center at South Fremont: 47111 Mission Falls Ct, 510.742.7540 (adults 55+) - 8am-4:30pm</li> <li>• BACs Wellness Center: 40965 Grimmer Blvd, Reservation: 510-675-7425; 510-613-0330</li> </ul>	Niles Church has 2 stalls in mobile shower; one is ADA compliant; 3 washer/dryer units	
6. Hayward	495	<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• South Hayward Parish 27287 Patrick Ave Hayward, CA 94544 Monday, Wednesday, and Friday / 9:30 AM-11:30AM, 1:30 PM-3:30PM, 6 PM – 8:30- PM Brick and Mortar bathrooms 510-634-2229; (510) 785-3663</li> </ul> <p><b>Showers and Laundry</b> 🚿🚿</p> <ul style="list-style-type: none"> <li>• Downtown Hayward Shower Ministry at NewLife Church 1265 B St.   Tues. Sign Ups 3-4:30pm (510) 581-2570</li> </ul>	Registration at the location required.	

7. Newark	75	<p><b>Showers and Laundry</b> 🚿🚿</p> <p>Service Provider: Clean Start: (Following 2 are temporarily unavailable)</p> <ul style="list-style-type: none"> <li>Newark Salvation Army, 36700 Newark Blvd, Newark: Tuesdays (9:00am- 12:00pm)</li> <li>Centerville Presbyterian Church, 4360 Central Ave, Tuesday &amp; Thursday (3:30pm-6:30pm)</li> </ul>		8  5 shower stalls; bags of toiletries
8. Oakland	5,490	<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>*Check to confirm availability of free service*</li> <li>Roots Main Clinic 9925 International Blvd. #5   W/TH 1-5 PM; (510)-777-1177</li> <li>1449 Miller Ave. Miller/TP Comm. Cabin   M/T 9am-1pm</li> <li>U.A. Mandela Comm. Cabins 34th at Beach St.   M/TH 7:30 AM-2:30 PM</li> <li>301 Peralta 3rd at Peralta   M/TH 4-8:30 PM &amp; W/F 9AM -1:30PM</li> <li>27<sup>th</sup> St. at Northgate Comm. Cabins   T/TH 7:30 AM-2:30 PM</li> <li>35th St. at MLK   W 7:30am -2:30 pm</li> <li>E 12th and 2nd Avenue   M/T 9am - 1:30pm, F/Sat. 4pm-8:30pm</li> <li>711 71<sup>st</sup> Avenue RV Safe Parking   M/TH 9am-1:30pm</li> <li>Elmhurst Park/ 98<sup>th</sup> &amp; B St.   M 4pm-8:30pm</li> <li>589 Oak St. Comm. Cabins   T/F 9am-1:30pm</li> <li>34<sup>th</sup> &amp; Telegraph/ Elm   T 4pm-8:30pm</li> <li>615 High Street Safe Parking RV   T 4pm-8:30pm &amp; S 9am-1:30pm</li> <li>E 12<sup>th</sup> from 46<sup>th</sup> to 48<sup>th</sup> Ave.   T 4pm-8:30pm</li> </ul>	20+ locations for mobile showers; limited to once or twice a week. Some 4x week but varying times. Locations change/rotate weekly. Check website: <a href="#">DOW SCHEDULE — WeHOPE</a>	Limited to once or twice a week spread out from 20+ locations.

	<ul style="list-style-type: none"> <li>• 7<sup>th</sup> and Kirkham   W 4pm-8:30pm</li> <li>• Lake Merritt 10<sup>th</sup> /9 10<sup>th</sup> Street   TH 9am-1:30pm</li> <li>• 84th Ave &amp; International   F 9am-1:30pm</li> <li>• 77th &amp; Hawley St.   Sat. 9am-1:30pm</li> <li>• 692 Baldwin St.   Sat. 9am-1:30pm</li> <li>• Leet Dr. at Pendleton Way   Sun. 9am-1:30pm</li> </ul> <p><b>Showers and Laundry</b> 🚿🧺</p> <p>Service Provider: WeHope</p> <ul style="list-style-type: none"> <li>• Mondays: Time: 9am-1:30pm Location: 3401 Mandela Parkway Oakland, CA 94608</li> <li>• Tuesdays: Time: 9am-1:30pm Location: 2nd Ave. &amp; E. 12th St. Oakland 94606</li> <li>• Tuesdays: Time: 9am-1:30pm Location: 511 Oak St. Oakland, CA 94607</li> <li>• Tuesdays: 4pm-8:30pm Location: Corner of 27th &amp; Northgate Ave Oakland, CA 94612</li> <li>• Wednesdays: 4pm-8:30pm Location: 7th &amp; Kirkham Oakland, CA 94607</li> <li>• Thursdays: 9am-1:30pm Location: 35th &amp; Martin Luther King, Jr. Way, Oakland</li> <li>• Thursdays: 9am-1:30pm Location: 3401 Mandela Parkway Oakland, CA 94608</li> <li>• Saturdays: 4-8:30pm Location: 3401 Mandela Parkway Oakland, CA 94608</li> </ul> <ul style="list-style-type: none"> <li>• Tuesdays: Time: 9am-1:30pm Location: 511 Oak St. (Oak St. Community Cabins) Time: 4pm-8:30pm Location: 650 High St. (East 8th</li> </ul>		
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		<p>&amp; High St.)</p> <ul style="list-style-type: none"> <li>• Wednesdays: Time: 4pm-8:30pm Location: Westside Missionary Baptist Church 732 Willow St. Location: 7th &amp; Kirkham</li> <li>• Thursdays: Time: 9am-1:30pm Location: 711 71st St. Fridays: Time: 4pm-8:30pm Location: 511 Oak St. (Oak St. Community Cabins)</li> <li>• Saturdays: Time: 9am-1:30pm Location: 650 High St. (East 8th &amp; High St.)</li> </ul> <p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• Youth Only* Covenant House, 200 Harrison Street, Oakland, Just Showers, M-F, 9AM-5PM, (510) 379-1010</li> <li>• *Not currently in service* CityTeam Oakland, 722 Washington St. Oakland, CA, Phone: (510) 452-3758</li> </ul> <p>Shower available on Thursdays from 4-7pm</p> <p><b>Showers and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• St. Vincent de Paul, Champion Men's Center Register at the Community Center Help Desk located at 2272 San Pablo Ave &amp; West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2. Showers and laundry. St Vincent de Paul, Women's Center Register at the Community Center Help Desk located at 2272 San Pablo Ave &amp; West Grand, Oakland (then directed to showers @ shelter) 510-638-7600. Tu-Sa 9am-12pm, 12:30-2pm. Showers, laundry and referrals. Resources for children including infant care.</li> </ul>		
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9. Piedmont	42	None.		
10. San Leandro	283	<p><b>Showers and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• Interfaith Homelessness Network -April Showers Free showers, lunch, toiletries and laundry vouchers for men, women and children on the 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Sundays of each month, 11am-2pm. Boys and Girls Club 401 Marina Blvd San Leandro, CA 94577</li> <li>• Eden I &amp; R/2-1-1 Dial 2-1-1 for comprehensive human services, homeless services and housing resources information, 24 hrs/day, Monday-Friday, multiple languages, TTY. <a href="http://www.edenir.org">www.edenir.org</a></li> </ul>		Transportation is needed.



		<p><b>Showers</b> 🚿</p> <ul style="list-style-type: none"> <li>• Cross Streets Ministry at Creekside Community Church 951 MacArthur Blvd. Second and fourth Saturdays 8-10:30am (510) 560-3106; 510-430-0607</li> </ul>		
11. Union City	190	<p><b>Showers and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• *Temporarily Out of Service* Clean Start Hygiene Unit, Our Lady of the Rosary Church, 703 C Street, Union City, CA / Showers Friday 4 PM – 7PM</li> </ul> <p><b>Showers and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• *Call to confirm if still available* Kennedy Community Center, 1333 Decoto Road, Union City/ Sunday 7 AM- 10 AM; 510-675-5329</li> </ul>		
12. Unincorporated -Ashland -Castro Valley -Cherryland -San Lorenzo	294	<p><b>Showers and Laundry</b> 🚿🧺</p> <ul style="list-style-type: none"> <li>• First Presbyterian Church 2490 Grove Way, Castro Valley Mondays, Wednesdays and Fridays; 9:30-11:30am; 1:30-3:30pm; 6-8:30pm (510) 634-4750; 510-581-6203</li> </ul>		

-Sunol		<p>Brick and Mortar bathrooms, Chance of Showers Ministry 2<sup>nd</sup> &amp; 4<sup>th</sup> Sundays 4-6pm</p> <p><b>Showers</b></p> <ul style="list-style-type: none"> <li>• *Call to confirm if still available* 3 Crosses Church: 20600 John Dr., Castro Valley Showers F 9AM-Noon; 510-537-4690</li> <li>• *Call to confirm if still available* El Shaddai Ministries : 565 East Lewelling Boulevard, San Lorenzo, Showers, Wednesdays 9:30am-11:30am</li> </ul> <p>On 211 website, for all unincorporated cities refers to Hayward location; 510-481-5200</p>		
13. Tri- Valley	275	<p><b>Showers and Laundry</b> ☪</p> <ul style="list-style-type: none"> <li>• *Call to confirm if still available* Asbury United Methodist Church 4743 East Avenue Livermore, CA 94550; (925) 447-1950</li> </ul> <p>Mon-Wed Noon- 4pm Last load of laundry is at 2:15pm Last Shower is 3:41480pm</p> <p><b>Laundry</b> ☪</p> <ul style="list-style-type: none"> <li>• *Call to confirm if still available* Blossom Laundromat Laundry of Love 148 S L St. Livermore, CA 94550 Contact: Reverend Ronald Culmer, (925) 462-4802 3rd Wednesday of the Month, 2-4 PM</li> </ul>	Offers a place to help the homeless or anyone in need of a shower weekly. It also provides a place to do a load of laundry three days a week for individuals in need. Fully accessible to individuals using mobility aids	No. Only one location serves all unhoused residents, and we need transportation to get to Livermore Church Location.









